

# KIAMA LEISURE CENTRE

## Compulsory swimwear required at all times

### Children up to the age of 3 years

- It is **COMPULSORY** for all babies and preschool age children

UNDER 3 years to wear **our APPROVED** Aqua pants (Happy Nappy) with a disposable nappy underneath.

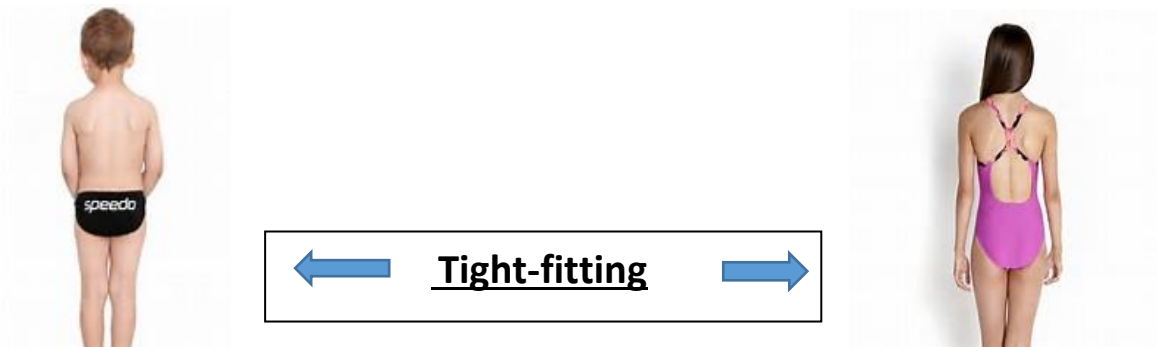


- Aqua pants can be purchased at reception.
- No other swimming nappy will be accepted.
- If your child, regardless of age, has not been toilet trained for at least 6 months they must also wear **our APPROVED** Aqua pants.
- Swimsuits and wetsuits with sewn in aqua pants are also available for purchase at reception.



### Children 3 to 5 years-

- Must wear **tight-fitting** swimmers that are tight around the legs to avoid any accidents that may occur. Loose swimwear, board-shorts and underwear will not be accepted.



### **Healthy Swimming-**

To avoid accidents and pool closures please make sure of the following steps to Healthy Swimming as recommended by NSW Department of Health are followed:

- ✓ Parents- Ensure your children go to the toilet regularly- before and during their swimming activities
- ✓ Do wear Approved Swimwear as stated above
- ✓ Do shower and wash thoroughly with soap before entering the pool
- ✓ Don't swim if you have had diarrhoea in the past 2 weeks
- ✓ Don't swallow pool water