

KIAMA MUNICIPAL COUNCIL FOOD HYGIENE FACT SHEET



FOOD HANDLING HYGIENE

- HANDS** Wash hands frequently and always after each visit to the toilet.
- FINGERS** Do not apply fingers to the mouth, eye, ear, nose or scalp during the handling of food.
- ABRASIONS** Do not handle food unless all cuts, sores and skin breaks are covered with clean, waterproof dressings.
- HANDLING** Avoid touching food with fingers or hands – use fork or tongs.
- UTENSILS** Maintain all utensils in a clean condition at all times.
- TOWELS** Use disposable towels where possible especially for the wiping of hands. Avoid the use of tea towels as they are often used for many purposes and encourage cross contamination.
- HAIR** Keep hair out of food – wear a head covering.
- MOUTH** Cover your coughs and sneezes – do not use your breath to open any bag or wrapper.
- SMOKING** Do not smoke while preparing or serving food.
- DUST** Protect all food from dust.
- PESTS** Protect all food from flies, vermin and pests.
- GARBAGE** Keep garbage in watertight fly-proof containers.

