

Kiama Council

POSITION SPECIFICATION

POSITION TITLE: AQUA INSTRUCTOR
GRADE: N/A
DEPARTMENT: LEISURE CENTRE
ACCOUNTABLE TO: LEISURE CENTRE MANAGER
DATE: 3RD MARCH 2008

QUALIFICATIONS:

Essential

1. Current First Aid Certificate
2. Current Certificate 111 in Fitness – Aqua Instructor
3. Registration with Fitness NSW or Fitness Australia

Desirable

1. Certificate 1V – Aqua Trainer Certificate
2. Additional Aqua qualifications

EXPERIENCE:

Essential

1. Approximately 6-12 months experience working within the Fitness industries undertaking Aqua classes
2. Ability to work un-supervised

Desirable

1. Demonstrated ability to work with a variety of ages at any one time and different fitness levels

KNOWLEDGE:

Essential

1. Appropriate exercise prescription for different age groups and different levels of fitness

SKILLS:

Essential

1. Appropriate level of physical fitness for the role
2. Ability to communicate positively and effectively with Centre participants and staff.

Desirable

1. Ability and willingness to be flexible in respect of hours of work and rosters to meet the changing operational needs of the Leisure Centre

ABILITIES:

Essential

1. To adapt to change in your work environment ie; time, ages of participants, number of participants at any time.
2. To work as a Team member

OCCUPATIONAL HEALTH AND SAFETY REQUIREMENT:

It is a requirement of this position that the employee be physically and mentally capable of completing all inherent requirements of this position, including heavy weights.