



KIAMA MUNICIPAL COUNCIL
your council, your community

Kiama Health Plan 2018-2021



**SOCIALLY
CONNECTED,
COHESIVE
& DIVERSE**



**HEALTHY
& ACTIVE**



**HEALTHY &
SUSTAINABLE
ECONOMY**



**HEALTHY,
PROTECTED &
SUSTAINABLE
ENVIRONMENT**



**FOOD SECURE
& FOOD
SUSTAINABLE**

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Our vision

Community vision

Working together for a healthy, sustainable and caring community.

Council mission

Kiama Council will work to create a Municipality that has a healthy, vibrant lifestyle, beautiful environment and harmonious, connected and resilient community.

Council values and principles



RESPECT

We treat others as we expect to be treated
- in a fair and professional manner.



INNOVATION

We champion change in order to provide superior services to our community.



INTEGRITY

We are open, honest and ethical in our behaviours
- at all times.



TEAMWORK

We are one team - working together with trust and commitment to achieve shared goals.



EXCELLENCE

We aspire to be the best
- in everything we do.

Council's principles and values as established in the Strategic Plan are based on the social justice principles of:

Equity: There should be fairness in decision making, prioritising and allocation of resources, particularly for those in need. Everyone should have a fair opportunity to participate in the future of the community. The planning process should take particular care to involve and protect the interest of people in vulnerable circumstances.

Access: All people should have fair access to services, resources and opportunities to improve their quality of life.

Participation: Everyone should have the maximum opportunity to genuinely participate in decisions which affect their lives.

Rights: Equal rights should be established and promoted, with opportunities provided for people.

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Introduction

Local Government has always been considered the level of government closest to the people and it has a lead role in community building. Local Government is now more than just about providing basic services (roads, rates and rubbish) - it is about creating vibrant, liveable and resilient communities. Kiama Council acknowledges this in developing the Community Strategic Plan (CSP) 2011-2021.

The CSP, a state government requirement for all Councils in New South Wales (NSW), provides the framework for developing a sustainable and vibrant community that Kiama residents and Council is seeking.

A healthy community is one that is continually creating and improving the physical, social and economic environments, thereby expanding community resources.

“Health is created where people live, love, work and play. It is created by human beings in their interactions with each other and with their physical environments” (Ilona Kickbusch, WHO).

Kiama Council was one of the first Councils in NSW to develop a Health Plan and Council remains an innovative leader in this policy area. Kiama Council recognises that the health of the community (both human health and environmental health) is a shared responsibility.

This Plan builds on the work and success of previous Health Plans, where all sections of Council work together to develop a healthier community. It involves a “health in all policies” approach.

Healthy urban environments are strengthened through partnerships. Council recognises, values and welcomes the opportunities for co-operative work with agencies and the community.

The strategies outlined in this plan are based on a set of values:

- the promotion of a sense of belonging and connectedness
- the promotion and active support of healthy lifestyles
- working in partnership and promoting participation
- collaboration and consultation with our community
- responsiveness to social, cultural and individual diversity
- equitable access to services and resources.

This plan covers a broad range of issues, which Kiama Municipal Council believes interact to have positive benefits for the health of residents, visitors, and the environment. It offers a balance between the practical and theoretical, with links that draw on international, national, state and regional research, policies and best practice.

The Kiama Health Plan is primarily focused on strategies to promote health and well-being and disease prevention. In developing this Health Plan 2018-2021, Council wants to build on the successes and achievements of previous Plans. Council has been recognised nationally and internationally for its health planning and programs.

The first Health Plan was developed in 1998/1999, followed by subsequent plans in 2005-2008 and 2011-2017. Council received the Heart Foundation Local Government Award 1998 for Outstanding Policy for Structural Change. This was awarded for the development of the first Health Plan. The second Health Plan was awarded the National Winner of the Heart Foundation 2005 Local Government Awards – National Policy of Healthy Communities. The Health Plan was presented at the 2005 Mayor’s Roundtable Conference Taiwan.

In 2004, Council won the gold medal of the 2004 NSW Sports Safety Awards – Outstanding Education and Promotion Project or Program in the Field of Sports Injury And Prevention Reduction.

In May 2008, Kiama hosted the inaugural Healthy Cities Alliance Australian Chapter National Forum and Meeting. In June 2008, Mayor Councillor Sandra McCarthy represented the Australian Healthy Cities Alliance in Singapore at the World Cities Summit. In August 2008, Kiama Council was recognised as a World Health Organisation (WHO) Healthy City.

In November 2008, Kiama Council was invited to the International Mayors’ Forum in Hangzhou China to give a presentation on Kiama’s Healthy Cities Program/Health Plan. In 2009 and 2010, Kiama Council hosted delegates from Hangzhou City, China to showcase local Healthy Cities initiatives. In 2010 and 2011 Kiama Council hosted delegates from Muju County South Korea to showcase local Kiama Healthy Cities Program/Health Plan Initiatives.

In 2009, the Coastal Walking Track from Werri Beach to Kiama Heights was opened.

In December 2012, Kiama Council was awarded a grant from the Department of Families and Community Services to implement the Kiama Age Friendly Project including trialling the use of the WHO Age Friendly Checklist.

In August 2013, Kiama Council was awarded the Local Government Partnership Alive and Well Award for “Pioneering Spirit and Early Adopters of Smoke-free Policy”.

In 2016, The Dementia Friendly Kiama Project received a series of awards including: the National Local Government Award for Innovation – category winner, WHO Best practice in Health Promotion award, and the National Disability Award – Disability Access & Inclusion.

More recently, Council received the NSW Local Government Heart Foundation Award for health projects for the Garden to Table project in 2016, and for the Intergen Munch Out program in 2018.

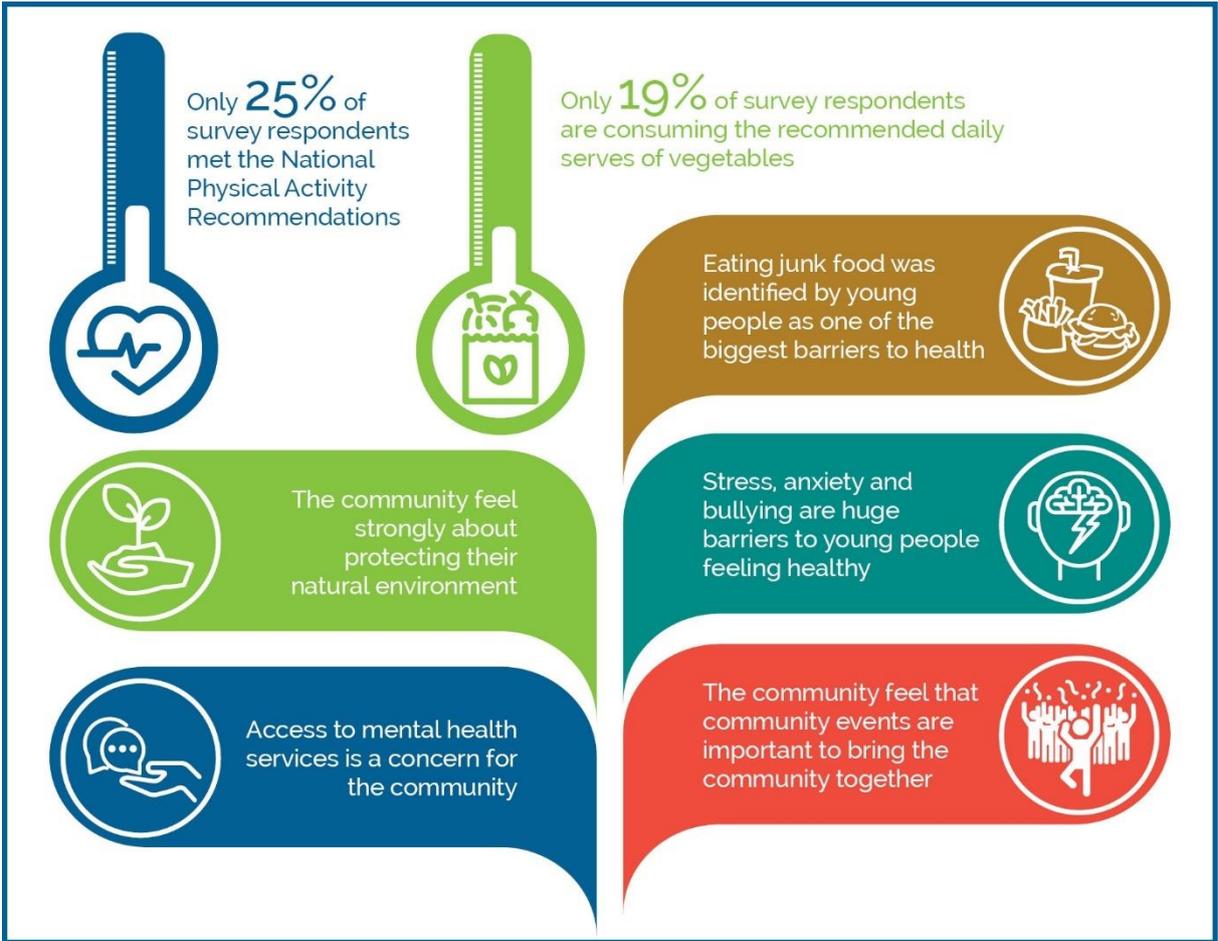
Kiama’s health at a glance

The Kiama community is ageing; there is a high rate of cardiovascular disease, incidences of falls and people who are overweight in the community. Social isolation is a major health issue for the older population with approximately 56% of the population who are aged 65 years and older living alone¹. The risk of hospitalisation due to alcohol attributable conditions is higher in Kiama compared to the rest of NSW. Mental health is a concern for the population with 16 deaths from suicide recorded from 2010-2014. Over 40% of the population residing in the respective local health district had insufficient physical activity levels in 2017² and only 8.1%

of the population residing in the local health district were consuming the recommended daily serves of vegetables in 2017³.

Kiama Council recently undertook a comprehensive review of the current health plan; some key results can be found below. A full report can be accessed on Council's website www.kiama.nsw.gov.au.

Key community survey and consultation results



¹ Australian Bureau of Statistics 2011, Census Data.
² NSW Government 2017, Physical activity in adults, *HealthStats NSW*, accessed at http://www.healthstats.nsw.gov.au/Indicator/beh_phys_age/beh_phys_lhn_snap
³ NSW Government 2017, Fruit and vegetables: recommended daily consumption by adults, *HealthStats NSW*, accessed at http://www.healthstats.nsw.gov.au/Indicator/beh_veg_statage/beh_veg_lhn_snap

Integrated planning and reporting framework

The Community Strategic Plan (CSP) forms the first layer of the Integrated Planning and Reporting (IP&R) framework. It identifies the Community's vision and objectives for a minimum ten-year period and identifies strategies to work towards achieving these long-term objectives. It addresses social, environmental, economic and civic leadership issues in an integrated manner

Kiama Council's Delivery Program for 2017-2021 (reviewed at the beginning of each Council term) focuses on the specific actions Council will undertake to achieve the objectives of the CSP. Supporting the Delivery Program is the one-year Operational Plan (reviewed annually), which details the activities and services that will be carried out during the year.

The 2018-2021 Kiama Health Plan will now be incorporated into Council's IP&R framework enabling a more formal and accountable process for measuring and reporting on the strategies and actions within the plan.

The Health Plan will be reviewed annually in line with Council's Operational Plan facilitating new strategies to be incorporated into the plan as needed.



The context for health planning

The Health Plan adopts internationally recognised principles, which have proven to be successful in producing better health and environmental outcomes within a community. Nationally, the environment and health policy development is influenced by the Federal Government being a signatory to international programs and treaties, such as: the World Health Organisations (WHO) Ottawa and Bangkok Charters for Health Promotion; the Rio Agenda 21 and Convention Framework on Climatic Change and Biological diversity; the United Nations Sustainable Development Goals; the Shanghai Declaration 2016 and The New Urban Agenda.

In the development of the Kiama Health Plan, a number of international environmental health and human health policies, in particular, the WHO Ottawa Charter, the WHO Healthy Cities approach, the United Nation's Sustainable Development Goals, Shanghai Declaration 2016 and the New Urban Agenda were considered. These frameworks are recognised as excellent models that can provide an integrated planning approach for the management of health and environmental health issues.

Kiama Municipal Council adopts the WHO definition of health as:

“a state of complete physical, social and mental well-being, and not merely the absence of disease or infirmity.”

The WHO states that the basic requirements for health are peace, shelter, education, food, a stable ecosystem, sustainable resources, social justice and equity.

Social determinants of health

In formulating this health plan, Council has also considered the role that social determinants play in our community's health.

The social determinants of health are the social, economic and environmental contexts in which people are born, grow, live, work and age. They are closely tied to the distribution of money, power and resources. Thus, health must address issues such as food security, employment, pollution, urbanisation, natural resources depletion, social isolation and poor working conditions.

It is acknowledged that the social determinants do not operate in isolation. Rather, they are interacting and interdependent, and it is the complex interrelationships between them, which determine the conditions that promote and support health.

International principles

Several international principles have informed the design of this plan.

The WHO Ottawa Charter for Health Promotion, 1986

The Ottawa Charter (WHO, 1986) promotes a community development approach to enhancing health status through 5 action areas, including:

1. building healthy public policy
2. creating supportive environments
3. strengthening community action
4. developing personal skills
5. re-orienting health care services toward prevention of illness and promotion of health.

WHO Healthy Cities Movement, 2003

The WHO, Healthy Cities Principles are critical to placing health on the political and social agenda. The WHO have resourced and supported the Global Healthy Cities Movement to improve the public health of citizens at a local level. In 2016 the WHO identified Healthy Cities as the means or a way forward to achieving the United Nations' Sustainable Development Goals.

The 11 characteristics of a “Healthy City” are:

1. a clean, safe physical environment of high quality (including housing quality)
2. an ecosystem that is stable now and sustainable in the long term
3. a strong, mutually supportive and non-exploitative community
4. a high degree of participation and control by the public over the decisions affecting their lives, health and well-being
5. the meeting of basic needs (for food, water, shelter, income, safety and work) for all the city's people
6. access to a wide variety of experiences and resources, with the chance for a wide variety of contact, interaction, and communication
7. a diverse, vital and innovative city economy
8. the encouragement of connectedness with the past, and the cultural and biological heritage of city dwellers and with other groups and individuals
9. a forum that is compatible with and enhances the preceding characteristics
10. an optimal level of appropriate public health and sick care services accessible to all
11. high health status (high levels of positive health and low levels of disease).

Being a Healthy City depends not on current health infrastructure, rather upon, a commitment to improve a city's environs and a willingness to forge the necessary connections in the political, economic, and social arenas. Kiama Council was endorsed as a Healthy City by the WHO in 2008, becoming a member of the International Alliance of Healthy Cities. In recognition of the Healthy Cities approach outlined by the WHO, Kiama seeks to place health high on the political and social agenda, to empower residents to take responsibility for their health and to encourage them to live healthy lives.

The United Nations Sustainable Development Goals, 2015-2030

The United Nations' Sustainable Development Goals and their targets were unanimously endorsed in September 2015 by 193 countries, including Australia. Also known as the Global Goals, they are a universal call to action, to end poverty, protect the planet and allow all people the opportunity for better health, education and a peaceful society.

Whilst national strategies and overseas aid are key levers for implementation, much of the action will occur at the subnational and local government levels and involve the private sector and civil society¹.

Sustainable Development Goals

- | | |
|--|--|
| 1. No poverty | 10. Reduced inequalities |
| 2. Zero hunger | 11. Sustainable cities and communities |
| 3. Good health & wellbeing | 12. Responsible consumption and production |
| 4. Quality education | 13. Climate action |
| 5. Gender equality | 14. Life below water |
| 6. Clean water and sanitation | 15. Life on land |
| 7. Affordable and clean energy | 16. Peace, justice and strong institutions |
| 8. Decent work and economic growth | 17. Partnerships for the goals |
| 9. Industry, innovation and infrastructure | |

United Nations 2016 – The New Urban Agenda

The New Urban Agenda proposes a comprehensive strategy for sustainable urban development that reflects the deepening understanding of urban systems. The WHO emphasises that a health focus will ensure the New Urban Agenda's success in helping cities to achieve their environmental, social equity and economic goals to support the health and wellbeing of their citizens.

¹ Australian reference to the goals (<https://dfat.gov.au/aid/topics/development-issues/2030-agenda/Pages/default.aspx>)

National and state priorities

In formulating this plan, Council has also considered national and state priorities.

National Health Priority Areas⁴ (as of September 2017) are currently:

- cancer control
- cardiovascular health
- injury prevention and control
- mental health
- diabetes mellitus
- asthma
- arthritis and musculoskeletal conditions
- obesity
- dementia.

The NSW State Plan 2011-2021⁵ identifies the following goals in addressing health, environment & community issues:

Return quality services (provide the best transport, health, education, policing, justice and family services, with a focus on the customer)

- Keep people healthy and out of hospital
- Provide world class clinical services with timely access and effective infrastructure
- Better protect the most vulnerable members of our community and break the cycle of disadvantage
- Increase opportunities for people with a disability by providing supports that meet their individual needs and realise their potential.

Strengthen our local environment and communities (improve people's lives by protecting natural environments and building a strong sense of community)

- Protect our natural environment
- Increase opportunities for people to look after their own neighbourhoods and environments
- Make it easier for people to be involved in their communities
- Increase opportunities for seniors in NSW to fully participate in community life
- Fostering opportunity and partnership with Aboriginal people
- Enhance cultural, creative, sporting and recreation opportunities.

⁴ Australian Institute of Health & Welfare (2017), Educational resource: National Health Priorities, available at <https://www.aihw.gov.au/reports/health-care-quality-performance/national-health-priority-areas-first-report/related-material>

The planning process

The process used for updating the Health Plan is detailed below.

Stage 1: Collection and analysis of data and literature

This stage involved the following:

- a review of national, state, regional and local priorities
- the collection and review of data relevant to the Health Plan including statistics and reports.

Before strategies could be developed it was important to have a thorough understanding of the changes in demographic, health and environmental indicators that have occurred over the last 5 years. This included:

- the evaluation of previous Health Plans process and impact outcomes (including what worked, what didn't, what's been achieved etc.)
- a literature review on best practice and emerging issues.

This data compilation provided some baseline information and evidence about potential priorities. From 2006-2016 there has been an increase of 13% to the Kiama LGA population. The health status of the Illawarra Shoalhaven region identifies that our key health issues are:

- overweight & obesity
- psychological distress
- risky alcohol consumption
- higher than NSW average hospitalisations due to; alcohol attributable injury, fall related injury, smoking attributable disease, coronary heart disease, chronic obstructive pulmonary disease and diabetes⁶.

The data informed the survey and consultation questions and formed the basis of the review.

Stage 2: Community consultation

Consultation was multi-faceted with the aim of collecting as wide a variety of opinion as possible within a specific timeframe. Two primary forms of consultation were employed, face-to-face consultations and a community survey. During the face-to-face consultations, the community and stakeholders were asked three simple questions "What helps you support your health on a daily basis? What stops you from being healthy on a daily basis? What ideas do you have to help Council improve your health?". The community survey consisted of several questions covering a range of health and environmental issues and was distributed using a

various online channels including: social media, Council website and e-newsletters as well as a hard copy mail out.

⁶ Illawarra Shoalhaven Local Health District (2012), Our Health Care Services Plan 2012-2022.

The following channels were used to attract interest and involvement from groups and residents:

- mail-out to organisations/groups
- survey of residents
- kiosks at community events
- media campaign
- community consultations.

Overall approximately 75 people were consulted through the face-to-face consultations, and 413 surveys were completed and returned.

Stage 3: Data analysis and development of a review report

Data was analysed and results collated into a report outlining the results of the review process, with the report being submitted to Council in June 2018 for endorsement.

Stage 4: Identification and prioritisation of issues

The consultation stage identified a long list of issues. Each issue was assessed against three prioritisation criteria:

1. Opportunity: is there is an opportunity for Council to address the issue or should it primarily be addressed by another agency; and are there resources to address the issue?
2. Impact: i.e. is the issue critical to the Kiama Municipality
3. Enthusiasm: i.e. from Council, Community, Stakeholders/Other agencies.

Stage 5: Strategy development

A four-hour strategy development workshop was held with Council's Health & Sustainability Advisory Committee. Participants were given pre-reading (review report, strategy ideas) prior to participating in the workshop facilitated by Council's Health Promotion Officer. Participants either confirmed current strategies or developed additional draft strategies to address identified gaps arising out of the consultations for the new health plan. Where a new strategy is proposed, this strategy has been highlighted in red text in the below tables containing the various strategies.

Stage 6: Preparation of plan for endorsement

The draft strategies were incorporated into a new draft Health Plan, which was presented to the Kiama Health and Sustainability Advisory Committee for their consideration. Comments were evaluated and minor changes were made to finalise the plan, which was then presented to Council in October 2018 for endorsement to go on exhibition before final adoption.

Governance

The Kiama Health and Sustainability Advisory Committee (H&SC) oversees the implementation of the Kiama Health Plan. The Committee consists of Council staff, Councillors, external organisational representatives and community representatives to ensure a coordinated, community based participatory approach to the development, implementation and evaluation of initiatives, with meetings held bi-monthly. The Committee was formed in 2008 (then called the Sustainable Kiama Communities Project) to provide a mechanism for community participation in council planning, project delivery and decision-making via a consultative process around health and sustainability issues in the Kiama LGA.

Council recognises that partnerships are vitally important in implementing this Plan and has developed strong and valuable partnerships in the past. Council hopes to strengthen these partnerships and form new ones. Council will endeavour to initiate and support partnerships at both local and regional levels to advance Council's strategic objectives and the Health Plan.

Additionally, in order to have greater reach from the strategies and actions in the Health Plan, Council provides funding to deliver two Community Health Grant Programs. The funding gives the community the opportunity to develop and implement programs in Community Gardening and Health & Sustainability, which supports community innovation, partnerships & local ownership of initiatives to support and grow community health.



**SOCIALLY
CONNECTED,
COHESIVE
& DIVERSE**

Kiama Health Plan 2018-2021²

1.0 Socially connected, cohesive and diverse

- Community connections
- Community events & gatherings
- Information provision
- Culture and arts

Action	Performance Measure	Responsible Officer or Department
OP 1.1.5.4 Engage with members of the community to promote Council and community health and sustainability events, information and activities	Promote Council and community health and sustainability events, information and activities (including mental health)	Health Promotion Officer
OP 1.1.2.4 Undertake other activities to engage with the local Aboriginal community as opportunities arise	All opportunities for engagement investigated	Aboriginal Liaison Officer

² The Kiama Health Plan is a living document and will be reviewed annually in line with Council's Operational Plan (OP) to facilitate the incorporation of new OPs as necessary.

Action	Performance Measure	Responsible Officer or Department
OP 1.2.1.6 Create a positive volunteer culture within BHC	Targeted volunteer recruitment strategy developed and implemented Volunteer satisfaction levels	Director of Nursing/Facility Manager
OP 1.1.3.1 Undertake activities that support the 'Build' strategy identified in Council's BISI cultural planning document	Joyce Wheatley Community Centre is operationalised as an arts space for local artists Plans are developed and progressed to be DA ready	Cultural and Community Development Officer
OP 1.1.3.3 Undertake activities that support the 'Invest' strategy identified in Council's BISI cultural planning document	Number of artists who are registered on the 'Weave' directory increases annually Kiama Cultural Grants rounds are held and projects funded. Opportunities for increasing public art installations within the Kiama LGA are investigated Maximise use of the Old Fire Station Community Arts Centre Number of visitors to the Old Fire Station Community Arts Centre	Cultural and Community Development Officer
OP 1.1.2.3 Plan and undertake Annual Sorry Day events	Annual Sorry Day events completed by 31/05/2021	Cultural and Community Development Officer
OP 1.2.3.1 Develop and implement a program of events for young people	Percentage of program participants report in their evaluations that they feel more confident about themselves having participated in the program.	Sentral Youth Services Coordinator
OP 4.3.1.9 Promote availability of accessible	Accessible Council information and events are promoted.	Communications Officer

Council information and events		
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Action	Performance Measure	Responsible Officer or Department
<p>OP 4.3.1.3</p> <p>Coordination of Council information on a regular basis through a range of media</p>	<p>Public notices and regular notifications placed in local newspapers</p> <p>Community newsletter printed and distributed to ratepayers (hard copy) each quarter</p>	<p>Communications Officer</p>
<p>OP 4.3.1.4</p> <p>Distribute Council information in a timely manner through a range of media</p>	<p>Kimunico email newsletter distributed weekly</p> <p>Ensure social media sites are used in line with Social Media Protocol and Style Guide</p> <p>Progress integration of all Council's email newsletters</p> <p>Promote Council activities via social media channels and Council's website</p> <p>Review social media channels to ensure best practice and audience engagement</p>	<p>Communications Officer</p>
<p>OP 2.5.1.4</p> <p>Complete audit of all accessible parking places and identify improvements. Where facilities are to be upgraded or new facilities provided, the plan for these facilities are tabled at Access Committee for comment with the feedback incorporated into the 4-year work program</p>	<p>Completion of audit</p> <p>Plans tabled at Access Committee for comment as required</p>	<p>Manager Design and Development</p>

Action	Performance Measure	Responsible Officer or Department
<p>OP 1.2.3.3 Provide information, referral, advocacy and support for young people through the SENTRAL youth facility and online mediums</p>	<p>Percentage of program participants report that the support provided by the Youth Service has assisted them.</p>	<p>Sentral Youth Services Coordinator</p>
<p>OP 1.1.2.1 Plan and undertake annual NAIDOC Week activities</p>	<p>Annual NAIDOC Week activities are completed by 31/07/2020</p>	<p>Aboriginal Liaison Officer</p>
<p>OP 1.1.2.2 Participate in planning and staging of annual Local Government Regional NAIDOC Awards</p>	<p>Annual Local Government Regional NAIDOC Awards are completed by 31/07/2020</p>	<p>Aboriginal Liaison Officer</p>



2.0 Healthy and active

- Physical activity
- Mental health and wellbeing and drug and alcohol programs
- Sportsgrounds, pools & infrastructure
- Public health (regulatory)
- Smoke free environments
- Walkways, cycle ways, shaded playgrounds & outdoor exercise equipment

Action	Performance Measure	Responsible Officer or Department
<p>OP 1.1.5.3</p> <p>Engage with and educate members of the community on leading an active, healthy and sustainable lifestyle</p>	<p>Implement activities to engage with and educate members of the community on leading an active, healthy and sustainable lifestyle</p>	<p>Health Promotion Officer</p>
<p>OP 1.3.2.8</p> <p>Implement Public Health Act legislation (public and private swimming pools and water supplies, skin penetration, legionella)</p>	<p>Annual report submitted to NSW Health by due date</p> <p>Action to rectify breaches of legislation commenced within 5 days of notification</p> <p>Registers of premises and compliance are reviewed and updated as required by legislation</p> <p>Inspections of all registered premises conducted in accordance with schedule</p>	<p>Environmental Health Officer</p>
<p>OP 1.1.5.9</p> <p>Ensure effective operations of Leisure centre and Jamberoo Pool to meet community needs</p>	<p>Maintain pool bookings for schools, swim clubs and aquatic customers each year at Leisure Centre</p> <p>Ensure membership is maintained at target level</p> <p>Maintain Leisure Centre pool patronage</p> <p>Ensure swim school operates to capacity agreed</p>	<p>Leisure Centre Manager</p>

Action	Performance Measure	Responsible Officer or Department
<p>OP 1.1.5.10</p> <p>Maintain or increase user satisfaction of Leisure Centre and Jamberoo Pool facilities and its activities and programs</p>	<p>Maintain customer satisfaction levels in annual customer satisfaction survey reported as good, very good or excellent</p>	<p>Leisure Centre Manager</p>
<p>OP 1.3.1.2</p> <p>Conduct surf awareness education programs in local primary schools</p>	<p>Annual program completed</p>	<p>Leisure Centre Manager</p>
<p>OP 1.3.3.1</p> <p>Implement Local Road Safety Action Plan and activities</p>	<p>Council endorsed recommendations implemented or included In Asset Management Plan Plan, promote and implement Bike Week activities Plan, promote and implement Road Safety Workshop</p>	<p>Road Safety Officer</p>
<p>OP 1.1.5.1</p> <p>Implement a range of health and wellbeing programs for young people</p>	<p>Number of young people participating in health and wellbeing programs incorporating content around mental health and drug and alcohol use</p> <p>Number of health and wellbeing programs for young people completed</p> <p>Program participants report in their evaluations that they feel more confident about their wellbeing having participated in the program</p> <p>Number of health and wellbeing programs delivered to young people incorporating content around mental health and drug and alcohol use</p>	<p>Sentral Youth Services Coordinator</p>
<p>OP 1.1.6.5</p> <p>Identify and prepare cycleway funding applications</p>	<p>Lodgement of applications for external grant funding for cycleways</p>	<p>Manager Design and Development</p>

Action	Performance Measure	Responsible Officer or Department
<p>OP 1.2.3.2</p> <p>Provide a range of educational and recreational community development programs in conjunction with local schools</p>	<p>Percentage of program participants report in their evaluations that they gained valuable skills and knowledge from participating in the programs</p>	<p>Sentral Youth Services Coordinator</p>
<p>OP 1.1.7.4</p> <p>Improve accessibility of recreational facilities including wheelchair access to seating, shaded areas, outdoor exercise and play equipment</p>	<p>Where facilities are to be upgraded or new facilities provided, the plan for these facilities are tabled at Access Committee for comment with the feedback incorporated into the 4-year work program</p>	<p>Manager Design and Development</p>
<p>OP 1.3.3.2</p> <p>Prepare road safety funding applications</p>	<p>Applications lodged for all available grant funding for road safety initiatives</p>	<p>Road Safety Officer</p>
<p>OP 1.3.1.1</p> <p>Undertake scheduled patrol programs for Council beaches</p>	<p>Ratio of rescues conducted to preventative actions undertaken</p>	<p>Leisure Centre Manager</p>

Action	Performance Measure	Responsible Officer or Department
<p>OP 1.1.1.7 Promote and encourage use of the accessibility budget to support access resources and assistance to support opportunity for all residents to genuinely participate in Council functions, consultations, events and activities</p>	<p>Percentage of budget utilised to assist accessibility of Council's community consultations and events</p>	<p>Manager Community and Cultural Development</p>
<p>OP 1.1.1.8 Support the Dementia Friendly Kiama Project (DFKP) subject to available funding</p>	<p>Activities of the Dementia Friendly Kiama Project Action Plan are implemented, subject to funding</p>	<p>Manager Community and Cultural Development</p>



**FOOD SECURE
& FOOD
SUSTAINABLE**

3.0 Food secure and food sustainable

- Food & nutrition
- Community gardens
- Food sustainability & security

Action	Performance Measure	Responsible Officer or Department
<p>OP 1.3.2.1 Administer Food Safety Legislation</p>	<p>Temporary food stall applications determined within 21 working days</p> <p>Inspections conducted in accordance with NSW Food Regulation Partnership (includes inspections and markets/events)</p> <p>Compliance with legislation and food safety standards</p> <p>Food recall system implemented with 48 hours of notification</p>	<p>Manager Environment & Health</p>
<p>OP 1.3.2.2 Provide Food Safety Education</p>	<p>Provide "I'm Alert" online food education training</p> <p>Number of Food Safety Newsletters developed and distributed</p>	<p>Manager Environment & Health</p>
<p>OP 1.1.5.2 Engage with and educate members of the community on healthy, affordable and sustainable food and gardening practices</p>	<p>Implement activities to engage with and educate members of the community on healthy, affordable and sustainable food and gardening practices</p>	<p>Health Promotion Officer</p>
<p>OP 1.1.5.5 Collaborate with Council's Human Resources department to implement a Breastfeeding Friendly protocol for Council staff</p>	<p>Breastfeeding Friendly protocol for Council staff is implemented.</p> <p>This has been Completed</p>	<p>Health Promotion Officer</p>



**HEALTHY &
SUSTAINABLE
ECONOMY**

4.0 Encourage and enhance a healthy and sustainable economy

- Music and art facilities and support
- Supporting and growing the local economy

Action	Performance Measure	Responsible Officer or Department
<p>OP 3.1.3.1</p> <p>Conduct forums and programs that support Economic Development via the Kiama Small Business Forum</p>	Number of forums and programs held supporting the Kiama Small Business Forum	Economic Development Manager
<p>OP 1.1.3.3</p> <p>Undertake activities that support the 'Invest' strategy identified in Council's BISI cultural planning document</p>	Opportunities for increasing public art installations within the Kiama Local Government Area are investigated	Cultural and Community Development Officer
<p>OP 3.1.1.1</p> <p>Prioritise key projects in partnership with the Economic Development Committee</p>	<p>Regular meetings held with the Economic Development Committee</p> <p>Kiama Cultural Grants are administered via one funding round per year</p> <p>Number of artists who are registered on the 'Weave' directory increases annually</p> <p>Maximise use of the Old Fire Station Community Arts Centre by ensuring exhibition space is well utilised</p> <p>Average number of visitors to the Old Fire Station Community Arts Centre</p>	Economic Development Manager
<p>OP 3.1.2.2</p> <p>Participate in review of Local Environmental Plan (LEP) to facilitate rural diversification</p>	Number of new ventures entered into	Economic Development Manager

<p>OP 3.1.3.3</p> <p>Develop and promote Kiama's economic and employment opportunities</p>	<p>Activities undertaken to promote opportunities</p>	<p>Economic Development Manager</p>
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Action	Performance Measure	Responsible Officer or Department
<p>OP 1.1.3.4</p> <p>Undertake activities that support the 'Sustain' strategy identified in Council's BISI cultural planning document</p>	<p>The annual Arts Honour Roll program is completed</p> <p>Artist gatherings are held to promote networking</p> <p>Maintain and increase use of the Kiama Cultural Arts Network blog site</p> <p>Annual program of Arts Biz education workshops are held in partnership with Shellharbour City Council</p> <p>Maintain the average number of shares to the Kiama Cultural Arts Network Facebook page</p> <p>Maintain the average number of reactions to the Kiama Cultural Arts Network Facebook page</p>	<p>Cultural and Community Development Officer</p>
<p>OP 3.3.2.10</p> <p>Look for opportunities to promote healthy & sustainable environments through tourism channels</p>	<p>Information on sustainable tips for visiting Kiama are included in Tourism publications</p>	<p>Manager Tourism and Events</p>
<p>OP 3.1.3.5</p> <p>Look for opportunities to encourage business to use environmentally friendly practices</p>	<p>Information on environmentally friendly practices is distributed via Economic Development newsletter</p>	<p>Manager Economic Development</p>



**HEALTHY,
PROTECTED &
SUSTAINABLE
ENVIRONMENT**

5.0 Healthy, protected and sustainable environment

- Natural environment
- Built environment
- Waste management
- Regulatory and statutory
- Council facilities and operations

Built Environment		
Action	Performance Measure	Responsible Officer or Department
<p>OP 1.3.2.4 Create a register and implement a compliance program as required by the Environmental Planning and Assessment Regulation</p>	<p>Ensure Annual Fire Safety Statements are received annually for all relevant premises</p>	<p>Manager Development Assessment</p>
<p>OP 2.1.1.4 Assess Planning Proposals against relevant State Government legislation and Council Policy</p>	<p>Requests for Planning Proposals are reported / determined within 90 days of lodgement</p> <p>All Planning Proposals are completed within timeframe set out in Gateway Determination</p>	<p>Manager Strategic Planning</p>
<p>OP 1.1.7.2 Manage new recreation and open space asset creation</p>	<p>Percentage of Council approved new asset program completed on time, within approved scope, within budget and to agreed standard</p> <p>Percentage of new asset budget expended</p>	<p>Manager Depot Operations</p>

Action	Performance Measure	Responsible Officer or Department
<p>OP 1.1.6.1</p> <p>Manage footpath and cycleway asset renewals</p>	<p>Percentage of Council approved renewal program completed on time, within approved scope, within budget and to agreed standard</p> <p>Percentage of renewal budget expended</p>	Works Coordinator
<p>OP 1.1.6.2</p> <p>Manage new footpath and cycleway asset creations</p>	<p>Percentage of Council approved new asset program completed on time, within approved scope, within budget and to agreed standard</p> <p>Percentage of new asset budget expended</p>	Works Coordinator
<p>OP 1.1.6.3</p> <p>Implement maintenance program for footpath and cycleway infrastructure and assets</p>	<p>Percentage of Council approved maintenance program completed on time, within approved scope, within budget and to agreed standard</p> <p>Unscheduled maintenance completed within 5 days</p>	Works Coordinator
<p>OP 1.1.6.4</p> <p>Consult with people with a range of disability types to establish priorities within Council's pathway management plan</p>	<p>Quarterly review of pathways planning invites input from Council's Access Committee</p>	Manager Depot Operations
<p>OP 4.2.4.2</p> <p>Advocate at appropriate forums for the provision of improved and accessible public transport within and between towns</p>	<p>Advocacy undertaken with key stakeholders</p>	General Manager

Action	Performance Measure	Responsible Officer or Department
<p>OP 1.1.7.1</p> <p>Manage recreation and open space renewals</p>	<p>Percentage of renewal budget expended</p> <p>Percentage of Council approved renewal program completed on time, within approved scoped, within budget and to agreed standard</p>	<p>Manager Depot Operations</p>
<p>OP 2.1.1.3</p> <p>Ensure controls of the Kiama Local Environmental Plan (LEP) are current and contemporary by investigating and identifying future opportunities to amend LEP controls to facilitate varied housing options within the boundaries of the existing towns and villages</p>	<p>Undertake yearly housekeeping of the Local Environmental Plan (LEP) to address housing options</p> <p>Investigate and identify future opportunities to amend Local Environmental Plan (LEP)</p>	<p>Manager Strategic Planning</p>
<p>OP 1.1.5.12</p> <p>Support implementation of smoke free legislation within the Municipality and promote compliance at all Council events</p>	<p>Develop and include smoke free implementation strategies for events in the Events Manual</p> <p>Provide strategies that minimise smoking to relevant event staff to implement at major Council events and target New Year's Eve and two other events</p>	<p>Health Promotion Officer</p>
<p>OP 1.1.5.13</p> <p>Undertake program of new public water stations in public places, based on priorities identified by the Walking Tracks and Cycleway</p>	<p>All opportunities for grant funding of public water stations pursued and an implementation program developed where funding permits</p>	<p>Asset Officer</p>

Committee - as funding opportunities allow		
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Action	Performance Measure	Responsible Officer or Department
<p>OP 1.1.5.14</p> <p>Promote sunsmart marquee program through Council's communication channels (eg. website, Kimunico, social media)</p>	<p>Number of times Council's Sunsmart marquees are utilised by community groups</p>	<p>Health Promotion Officer</p>

Natural Environment

Action	Performance Measure	Responsible Officer or Department
<p>OP 2.4.2.1 Implement programs identified in the Regional Waste Plan</p>	<p>Programs commenced or completed in accordance with adopted annual work plan</p>	<p>Waste Management Officer</p>
<p>OP 1.3.2.13 Implementation of Roads Transport Act, Impounding Act, Crown Lands Act and Road Rules</p>	<p>High risk public and environmental health complaints investigated within 4 hours of notification</p> <p>Parking patrols conducted in accordance with monthly schedule</p> <p>Non-high risk public and environmental health complaints investigated within 2 days of notification</p> <p>Enforcement action undertaken for non-compliance (Cautions, Penalty Infringement Notices issued) of established breach of legislation issued within 2 days of notification</p> <p>High risk vehicle complaints investigated within 4 hours of notification</p> <p>Non-high risk vehicle complaints investigated within 2 days of notification</p>	<p>Senior Ranger</p>

Action	Performance Measure	Responsible Officer or Department
<p>OP 2.2.3.2 Undertake and support on-ground activities and biodiversity education to promote and enhance natural areas</p>	<p>Community education events aligned to National Tree Day and World Environment Day</p>	<p>Environmental/ Sustainability Officer</p>
<p>OP 2.2.2.1 Support and implement local Illawarra Landcare projects</p>	<p>Requests for technical/material support completed within allocated budget</p>	<p>Landscape Officer</p>
<p>OP 2.2.2.2 Pursue grant funding for natural area restoration at priority sites on Council land</p>	<p>Appropriate grant applications are reviewed and/or submitted for funding consideration</p>	<p>Environmental/ Sustainability Officer</p>
<p>OP 2.2.1.1 Implement actions identified within adopted Coastal Zone Management Plans (Minnamurra River and Crooked River) in accordance with funding and resource availability</p>	<p>Implement Baileys Island Weed Control and Rehabilitation Project by 30/06/2023 Implement Minnamurra Wetlands Weed Control grant by 30/05/2021</p>	<p>Environmental/ Sustainability Officer</p>

Action	Performance Measure	Responsible Officer or Department
<p>OP 2.1.3.1</p> <p>Protect and maintain productive agricultural lands through ensuring Council's statutory and policy documents contain necessary framework</p>	<p>Review appropriateness of Local Environmental Plan (LEP) and Development Control Plan (DCP) controls to ensure appropriate mix of uses permitted in rural zones (balancing environmental outcomes) and publish amendments.</p> <p>Work with Illawarra Shoalhaven Joint Organisation (ISJO) and neighbouring Councils to lobby State Government to encourage collaboration between regulators and farm businesses.</p> <p>Council to lobby NSW Department Primary Industries (DPI) - Lands to finalise Important Agricultural Lands Mapping project</p>	<p>Manager Strategic Planning</p>
<p>OP 2.5.2.7</p> <p>Implement maintenance program for gross pollutant traps</p>	<p>Annual schedule developed</p> <p>Program completed on time and within budget</p>	<p>Asset Officer</p>
<p>OP 2.5.2.8</p> <p>Implement maintenance program for pit litter capturing devices</p>	<p>Annual schedule developed</p> <p>Program completed on time and within budget</p>	<p>Asset Officer</p>
<p>OP 2.4.2.2</p> <p>Implement programs identified in the Regional Illegal Dumping and Litter Strategies</p>	<p>Programs commenced or completed in accordance with adopted annual work plan</p>	<p>Waste Management Officer</p>
<p>OP 2.4.1.1</p> <p>Operate Community Recycling Centre</p>	<p>As Shellharbour and Wollongong both now have CRC's in their local government areas Kiama Council will continue supporting local residents</p> <p>Amount of waste diverted from landfill</p>	<p>Manager Waste Services</p>
<p>OP 2.4.1.2</p> <p>Provide scheduled domestic and</p>	<p>Services comply with collection and recycling contract and service schedule</p>	<p>Manager Waste Services</p>

commercial
collections for
waste, recycling
and organics

Action	Performance Measure	Responsible Officer or Department
<p>OP 1.3.2.14 Implementation of Protection of Environment Operations (Clean Air) Regulations</p>	<p>Determine applications under Protection of Environment Operations (Clean Air) Regulations within 14 days</p>	<p>Senior Ranger</p>
<p>OP 2.2.1.2 Implement programs required as a result of the NSW Coastal Reforms process</p>	<p>Develop Kiama Local Government Area (LGA) Coastal Management Program in line with agreed work program by 31/12/2021</p>	<p>Environmental /Sustainability Officer</p>
<p>OP 2.2.2.3 Manage vegetation at Seven Mile Beach Reserve</p>	<p>All bush regeneration works are completed as scheduled</p>	<p>Landscape Officer</p>
<p>OP 2.2.3.1 Comply with Biosecurity Act obligations through Illawarra District Weeds Authority</p>	<p>All notifiable events are reported to the Illawarra District Weeds Authority</p>	<p>Landscape Officer</p>
<p>OP 2.4.2.3 Develop and implement approved programs funded through the NSW EPA Better Recycling Fund</p>	<p>Programs implemented as per Better Waste Recycling Fund Project Table</p>	<p>Waste Management Officer</p>

Action	Performance Measure	Responsible Officer or Department
<p>OP 2.4.2.4</p> <p>Undertake scheduled waste management programs and workshops</p>	<p>Total tonnages diverted from landfill from programs undertaken</p> <p>Number of waste management workshops</p> <p>Number of annual waste management events undertaken</p>	<p>Waste Management Officer</p>
<p>OP 2.4.2.5</p> <p>Process recyclables and organics</p>	<p>Resource Recovery target achieved as set by NSW Environment Protection Authority (EPA)</p> <p>Total tonnages of organics processed (including kerbside and drop off facility)</p> <p>Total tonnages of recyclable processed (including kerbside and drop off)</p>	<p>Manager Waste Services</p>
<p>OP 3.1.2.1</p> <p>Provide advice on Agribusiness Policy</p>	<p>New business enquiries resulting from Guidelines completed and implemented</p>	<p>Economic Development Manager</p>
<p>OP 2.2.2.4</p> <p>Investigate and implement pledges from the Cities Power Partnership Program as funding, resources and opportunities permit</p>	<p>Cities Power Partnership Program pledges are implemented as funding, resources and opportunities permit</p>	<p>Environment Sustainability Officer</p>
<p>OP 2.2.2.7</p> <p>Work towards a reduction in greenhouse gas emissions by liaising with Illawarra Shoalhaven Joint Organisation (ISJO) to advocate to both Federal and State Governments for Overarching</p>	<p>All advocacy opportunities taken</p>	<p>Manager Strategic Planning</p>

regional approaches to this issue		
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KIAMA MUNICIPAL COUNCIL
your council, your community

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